

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
MARCH 2018 AQUATICS SCHEDULE					
<p>During aquatic programming there will be two lap lanes available for lap swimming. During swim lessons we will be using one lane in the lap pool and there will be limited availability in the small pool. During swim club we will be using three lanes from 5:00 p.m.-6:00 p.m.</p>					
5. 9:00a.m.-10:00a.m. Shallow Water Aerobics 10:30a.m.-11:45a.m. Deep water Buoyancy and Cardio Ball. \$3 4:00p.m.-6:30p.m. Youth Swim Lessons	6. 10:30a.m.-11:30a.m. Shallow Water Aerobics	7. 4:00p.m.-5:00p.m. Shallow Water Aerobics 6:00p.m.-7:45p.m. Family Open Swim Non-members: \$10 per family	1. 10:30a.m.-11:45a.m. Deep Water Buoyancy and Cardio Ball. \$3 6:00p.m.-7:45p.m. Family Open Swim Non-members:\$10 per family	2. 10:30a.m.-11:30a.m. Advanced Deep Water Buoyancy \$3. 12:00p.m.-1:00p.m. Shallow Water Aerobics 5:00p.m.-6:00p.m. Youth Swim Club Practice	3/4. Saturday March 3rd 9:00 a.m. - 11:15 a.m. Group Swim Lessons
12. 9:00a.m.-10:00a.m. Shallow Water Aerobics 10:30a.m.-11:45a.m. Deep water Buoyancy and Cardio Ball. \$3 4:00p.m.-6:30p.m. Youth Swim Lessons	13. 10:30a.m.-11:30a.m. Shallow Water Aerobics	14. 4:00p.m.-5:00p.m. Shallow Water Aerobics 6:00p.m.-7:45p.m. Family Open Swim Non-members: \$10 per family	8. 10:30a.m.-11:45a.m. Deep Water Buoyancy and Cardio Ball. \$3 6:00p.m.-7:45p.m. Family Open Swim Non-members:\$10 per family	9. 10:30a.m.-11:30a.m. Advanced Deep Water Buoyancy \$3. 12:00p.m.-1:00p.m. Shallow Water Aerobics	10/11.
19. 9:00a.m.-5:00p.m. Lifeguard Class 9:00a.m.-10:00a.m. Shallow Water Aerobics 10:30a.m.-11:45a.m. Deep water Buoyancy and Cardio Ball. \$3	20. 9:00a.m.-5:00p.m. Lifeguard Class 10:30a.m.-11:30a.m. Shallow Water Aerobics	21. 9:00a.m.-5:00p.m. Lifeguard Class 4:00p.m.-5:00p.m. Shallow Water Aerobics 6:00p.m.-7:45p.m. Family Open Swim Non-members: \$10 per family	15. 10:30a.m.-11:45a.m. Deep Water Buoyancy and Cardio Ball. \$3 6:00p.m.-7:45p.m. Family Open Swim Non-members:\$10 per family	16. 10:30a.m.-11:30a.m. Advanced Deep Water Buoyancy \$3. 12:00p.m.-1:00p.m. Shallow Water Aerobics	17/18.
26. 9:00a.m.-10:00a.m. Shallow Water Aerobics 10:30a.m.-11:45a.m. Deep water Buoyancy and Cardio Ball. \$3	27. 10:30a.m.-11:30a.m. Shallow Water Aerobics	28. 4:00p.m.-5:00p.m. Shallow Water Aerobics 6:00p.m.-7:45p.m. Family Open Swim Non-members: \$10 per family	22. 9:00a.m.-5:00p.m. Lifeguard Class 10:30a.m.-11:45a.m. Deep Water Buoyancy and Cardio Ball. \$3 6:00p.m.-7:45p.m. Family Open Swim Non-members: \$10 per family	23. 9:00a.m.-5:00p.m. Lifeguard Class 10:30a.m.-11:30a.m. Advanced Deep Water Buoyancy \$3. 12:00p.m.-1:00p.m. Shallow Water Aerobics	24/25.
			29. 10:30a.m.-11:45a.m. Deep Water Buoyancy and Cardio Ball. \$3 6:00p.m.-7:45p.m. Family Open Swim Non-members: \$10 per family	30. 10:30a.m.-11:30a.m. Advanced Deep Water Buoyancy \$3. 12:00p.m.-1:00p.m. Shallow Water Aerobics	31.

