

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
			1. <b>10:30a.m.-11:45a.m.</b> Deep Water Buoyancy and Cardio Ball. \$3 <b>6:00p.m.-7:45p.m.</b> Family Open Swim Non-members:\$10 per family	2. <b>10:30a.m.-11:30a.m.</b> Advanced Deep Water Buoyancy \$3. <b>12:00p.m.-1:00p.m.</b> Shallow Water Aerobics <b>5:00p.m.-6:00p.m.</b> Youth Swim Club Practice	3/4. <b>Saturdays</b> <b>10:00a.m.-11:00a.m.</b> Triathlon Training <b>9:00 a.m. - 11:15 a.m.</b> Group Swim Lessons
5. <b>9:00a.m.-10:00a.m.</b> Shallow Water Aerobics <b>10:30a.m.-11:45a.m.</b> Deep water Buoyancy and Cardio Ball. \$3 <b>4:00p.m.-6:30p.m.</b> Youth Swim Lessons	6. <b>10:30a.m.-11:30a.m.</b> Shallow Water Aerobics	7. <b>4:00p.m.-5:00p.m.</b> Shallow Water Aerobics <b>5:00p.m.-6:00p.m.</b> Youth Swim Club Travel Team Practice <b>6:00p.m.-7:45p.m.</b> Family Open Swim Non-members: \$10 per family	8. <b>10:30a.m.-11:45a.m.</b> Deep Water Buoyancy and Cardio Ball. \$3 <b>6:00p.m.-7:45p.m.</b> Family Open Swim Non-members:\$10 per family	9. <b>10:30a.m.-11:30a.m.</b> Advanced Deep Water Buoyancy \$3. <b>12:00p.m.-1:00p.m.</b> Shallow Water Aerobics <b>4:00 p.m.-8:00 p.m.</b> Lifeguard Instructor Class <b>5:00p.m.-6:00p.m.</b> Youth Swim Club Practice	10/11. <b>9:00 a.m. - 11:15 a.m.</b> Saturday Group Swim Lessons  <b>Saturday 2/10</b> <b>LIFEGUARD</b> <b>RECERTIFICATION</b> <b>CLASS 9:00AM-5:00PM</b>  <b>Saturday 2/10 and</b> <b>Sunday 2/11</b> <b>LIFEGUARD</b> <b>INSTRUCTOR CLASS</b> <b>8:30 a.m.-6:45p.m.</b>
12. <b>9:00a.m.-10:00a.m.</b> Shallow Water Aerobics <b>10:30a.m.-11:45a.m.</b> Deep water Buoyancy and Cardio Ball. \$3 <b>4:00p.m.-6:30p.m.</b> Youth Swim Lessons	13. <b>10:30a.m.-11:30a.m.</b> Shallow Water Aerobics	14. <b>4:00p.m.-5:00p.m.</b> Shallow Water Aerobics <b>5:00p.m.-6:00p.m.</b> Youth Swim Club Travel Team Practice <b>6:00p.m.-7:45p.m.</b> Family Open Swim Non-members: \$10 per family	15. <b>10:30a.m.-11:45a.m.</b> Deep Water Buoyancy and Cardio Ball. \$3 <b>6:00p.m.-7:45p.m.</b> Family Open Swim Non-members:\$10 per family	16. <b>10:30a.m.-11:30a.m.</b> Advanced Deep Water Buoyancy \$3. <b>12:00p.m.-1:00p.m.</b> Shallow Water Aerobics <b>5:00p.m.-6:00p.m.</b> Youth Swim Club Practice	17/18. <b>Saturdays</b> <b>8:30 a.m.-9:00 a.m.</b> Triathlon Training <b>9:00 a.m. - 11:15 a.m.</b> Group Swim Lessons

<p>19.  <b>9:00a.m.-10:00a.m.</b>  Shallow Water Aerobics  <b>10:30a.m.-11:45a.m.</b>  Deep water Buoyancy and Cardio Ball. \$3  <b>NO SWIM LESSONS</b>  <b>PRESIDENT'S DAY</b></p>	<p>20.  <b>10:30a.m.-11:30a.m.</b>  Shallow Water Aerobics</p>	<p>21.  <b>4:00p.m.-5:00p.m.</b>  Shallow Water Aerobics  <b>5:00p.m.-6:00p.m.</b>  Youth Swim Club Travel Team Practice  <b>6:00p.m.-7:45p.m.</b>  Family Open Swim  Non-members: \$10 per family</p>	<p>22.  <b>10:30a.m.-11:45a.m.</b>  Deep Water Buoyancy and Cardio Ball. \$3  <b>6:00p.m.-7:45p.m.</b>  Family Open Swim  Non-members: \$10 per family</p>	<p>23.  <b>10:30a.m.-11:30a.m.</b>  Advanced Deep Water Buoyancy \$3.  <b>12:00p.m.-1:00p.m.</b>  Shallow Water Aerobics  <b>5:00p.m.-6:00p.m.</b>  Youth Swim Club Practice</p>	<p>24/25.  <b>Saturdays</b>  <b>9:00 a.m. - 11:15 a.m.</b>  Group Swim Lessons</p>
<p>26.  <b>9:00a.m.-10:00a.m.</b>  Shallow Water Aerobics  <b>10:30a.m.-11:45a.m.</b>  Deep water Buoyancy and Cardio Ball. \$3  <b>4:00p.m.-6:30p.m.</b>  Youth Swim Lessons</p>	<p>27.  <b>10:30a.m.-11:30a.m.</b>  Shallow Water Aerobics  <b>4:00p.m.-5:00p.m.</b>  <b>Lifeguard Preparatory Class</b></p>	<p>28.  <b>4:00p.m.-5:00p.m.</b>  Shallow Water Aerobics  <b>6:00p.m.-7:45p.m.</b>  Family Open Swim  Non-members: \$10 per family</p>			